

Dear members,

As we move into Phase 3 of the Government Roadmap for re-opening society, we have updated our plan for GSC, as usual, following Government and Irish Sailing guidelines.

We are delighted to announce that club racing can now resume with the Championships for dinghies and keelboats beginning on Saturday 4th July. The midweek series commences next week, for dinghies on Wednesday 8th July and for keelboats on Thursday 5th July. However, it is vital that all members take personal responsibility for their own health and safety and decision making to minimise the risk of accidental transmission of the Covid-19 virus. If you are feeling unwell, please stay at home.

The GSC Plan for Phase 3 is as follows

Health and Safety:

The health and safety of our members remains our priority at this time and we are continuously reviewing procedures to ensure that all members are kept safe. Please keep in mind the following:

- Where possible, all sailors must observe 2m social distancing
- If you have been requested to restrict your movements you must observe 2m social distancing at all times
- Multi household crewed boats are permissible where the crew remain in isolated pods, maintaining the same / regular crew – again, where possible
- With the Pod system it is easier to maintain a strict contact tracing regime which is now more important than ever.

Clubhouse:

The clubhouse – including the bar and changing rooms – will remain closed for Phase 3. Dinghy sailors can change in their cars or by their boats, again maintaining 2m distance from other sailors in the dinghy park.

Dinghy Sailing:

Dinghy Sailing is open for all members who are suitably competent to sail un-aided. Sailors must be able to launch/return and retrieve their trolley unaided or with family assistance only. They must be able to right their boat unaided after a capsized.

For those wishing to use **club boats** there is now a booking system in place as each boat has to be sanitized before and after each sail. Please contact Aileen by text on [087 8370322](tel:0878370322). If you have not pre-booked a club boat please do not come down to the dinghy park and take one out.

The Sailing Secretary will complete the sign-out sheet and all members must supply a phone number for contact tracing purposes. To facilitate this, we are preparing the sheets in advance so we ask all sailors who intend to sail to contact Emma by text on [087 7662256](tel:0877662256). There is no need to do this if you have been sailing in Phase 2 and have already supplied your contact details. It's easier to cross your details off the sign-out sheet if you decide not to sail. All sailors must advise the Sailing Secretary when they are signing out and signing in.

The Bosun will open the dinghy park before sailing and lock up afterwards. The Bosun will sanitise the locks, ribs and safety equipment after sailing.

As already advised, there is very limited space in the dinghy park so if you are planning to bring down your boat please advise the Bosun in advance on bosun@gsc.ie

Sunday Sailing

We're delighted to be able to resume Sunday Sailing from next Sunday 19th July at 10am, the dinghy park will be open from 9:30 am. Sailing is open to all junior members who have completed level 1 and we are looking forward to seeing all level 1 and 2 sailors on the water with the level 3 and 4 sailors who have been able to sail since Phase 1. Sunday is also for families so any parents who would like to take their younger children out sailing are welcome. There will be no Sunday Championship with the emphasis purely on fun and giving our younger members some time on the water. Level 3 and 4 sailors will continue sailing on Wednesdays and Saturdays to compete for the championships and can also join in the fun on Sunday.

In line with government and Irish Sailing guidelines, there are some important changes this year.

- Where possible, all sailors must observe 2m social distancing
- The clubhouse remains closed so sailors should arrive changed and ready to go sailing. After sailing please change by your car or boat.
- The sign-out sheet will be completed by one parent and all sailors must supply a phone number for contact tracing purposes.

Keel Boat Racing:

Keel boat racing will begin with the first race of the Championship on **Saturday 4th July with first gun at the earlier time of 2pm.** Abiding by the Government and ISA guidelines means that sailing is allowed in isolated Pods with each Pod maintaining a 2m social distance from other Pods. While on the marina individuals must maintain the 2m social distance guideline. Although there is no limit on numbers allowed within a Pod, Pod size should be kept to a minimum – the smaller the Pod, the lower the risk.

The Guideline for the Pod System is as follows

- People within the Pod should maintain social distancing where possible
- Pods should remain together for a minimum amount of time
- People within the Pod should change position as much as possible to minimise the time spent in close proximity to another member of the Pod
- People within the Pod should be aware of slipstream effect and avoid being directly down wind of others in the Pod as much as possible
- People from one Pod should not mix with people from another Pod
- Skippers/boat owners should keep a record and contact details of people in their Pod participating in activities on their boat

Enjoy!

And finally and at last our sailing season is now under way, have fun and stay safe!

Regards,

Daphne